

Estimated Assortment of Produce.

Below is a guide to what vegetables each member will receive, along with estimates for how many times and how much of each crop will be available. Quantities shown represent a regular season (23 week) FULL share (half and single shares will receive all of the same vegetables, in lesser quantities). The last column shows what vegetables are included in the 10 week PEAK season share. For more details about all share sizes, please read the inside of this brochure or visit our website (www.oldplankfarm.com). Note that each season's harvest will vary depending on weather and other seasonal factors. In general, you can expect at least the quantities shown here, along with extras as the season permits, both of crops listed here, and of the occasional specialty item!

Crop	# of times received	Total qty/FULL share	PEAK season share
Basil	4-5	6 lbs.	
Beets	5-6	8 lbs.	
Bok Choi	2	2 heads	
Broccoli	4-6	8 heads	
Brussels sprouts	2	4 stalks	
Cabbage	5	5 heads	
Carrots	10	30 lbs.	•
Cauliflower	2-3	3 heads	
Corn	4-5	4 doz. ears	•
Cucumbers	8-10	30	•
Eggplant	3	3	
Garlic	5	15 bulbs	
Green beans	6-7	8 lbs.	•
Herbs-assorted	12	12 bunches	
Kale	1-2	1-2 bunches	
Kohlrabi	3-4	4	
Leeks	5-6	20	
Lettuce-head and salad mix	12	10 lbs.	•
Melons	3-4	5	•
Onions	8-10	20 lbs.	•
Peas	3	3 lbs.	
Peppers-green and colored	5-7	20	•
Potatoes	7	40 lbs.	•
Radishes	2	2 bunches	
Scallions	5	5 bunches	
Spinach	5-6	6-8 lbs.	
Squash, summer	6-8	30	•
Squash, winter (assorted)	6-7	12	
Strawberries	2-3	4 pints	
Swiss chard	1-2	1-2 bunches	
Tomatoes-cherry	7	7 pints	•
Tomatoes-other types	10-12	60-70	•
Watermelons(small)	3	4	•

OLD PLANK FARM

2010 CSA Membership Information



Enclosed is an introduction to the farm, what we grow, and why we'd love for you to join us this season! For any additional questions, feel free to contact the farm directly, or visit our website.

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www.oldplankfarm.com

Old Plank Farm 2010 CSA Sign-Up Form

Name: _____

Address: _____

Phone: _____

Email: _____

Additional Email: _____

Pick-Up Day and Location: _____

* * *

Please Choose From the Following Share Options:

- Full Share*..... \$590.00
Weekly produce to feed 4-6 people.
- Half Share*.....\$375.00
Weekly produce to feed 3-4 people.
- Single Share (farm pick-up only)*..... \$230.00
Weekly produce to feed 1-3 people.

- Peak Season Share(farm pick-up only)*... \$170.00
9-10 week share to feed 3-4 people.

Please Choose Any Additional Items You'd Like To Receive With Your Share:

- Dozen Egg Share*..... \$44.00
A dozen eggs every other delivery week.
- Half Dozen Egg Share*..... \$24.00
Half-dozen eggs every other delivery week.

TOTAL DUE \$ _____.

Method of Payment Enclosed:

- Check or cash, in full, paid to Old Plank Farm.
- Enclose** 3 checks dated: **today, 6/15** and **9/15**, each for approximately one-third of your total due. (You will be notified in June and September prior to your checks being cashed.)

* * *

Indicate if you have interest in a farm open-house:

Preferred month: _____

About the Farm

Old Plank Farm's mission is to provide Plymouth and surrounding communities with farm-fresh vegetables, eggs and other local foods for seven months of the year, and to exist as a resource for customers to learn about and experience a healthy and sustainable living environment. Our Community Supported Agriculture—or CSA—program is designed to reserve the largest variety of produce for those interested in eating regularly from our farm.



Becoming a CSA Member

You are invited to be a part of the farm this season! In exchange for a yearly subscription fee (see sign-up form for details), CSA members will receive a weekly selection of fresh picked organic produce. Each week members receive approximately 6-12 different crops that are ripe at the time, accompanied by a newsletter with recipes, storage tips, and other seasonal information.

Our regular harvest season (Full, Half and Single Shares) runs from mid-June through November, bringing you a total of about 23 deliveries. The Peak Season Share runs for 9-10 weeks (on-farm pick-up only), from the end of July through the end of September. Peak Share members will receive a box similar in size to our Half Shares, or enough to feed about 3-4 people each week. The Peak Share box will include farm stand favorites like corn and melons, and other popular vegetables that are ripe in late summer. Regular season (Full, Half and Single) shares will receive about 35 different crops throughout the entire growing season. For a complete list of produce that we grow, as well as estimates of quantities that members receive, please see the table on the back of this page. Weekly amounts for all shares will vary as the season progresses. Weather and other seasonal factors will determine exactly what you receive, making the variability of each year an adventure that we will all share.

Additional items that you can order are eggs from pastured chickens, and a bread share from a local artisan baker (see insert for details; separate sign-up and payment).

Please visit the farm's website www.oldplankfarm.com, or call (920) 917-8207 for more information. Sign-up is available through the web, or using the form in this brochure. We will contact you to confirm receipt of your subscription.

How We Grow Your Food

Old Plank Farm is contemplating organic certification, but why stop there? Sustainability is another goal that drives the practices of this farm, and influences our choice to go 'beyond' organic. Our fields are free of synthetic chemicals (the main criteria for certification), but we also focus on long-term management practices that will help heal and build our soil quality, cause minimal pollution and waste, and create the best tasting produce you will find.

Membership Logistics

Your weekly produce pick-up day is determined by the share size you select. Before signing up, please be sure that you will regularly be able to pick up your share on the correct day, shown below (Half and Full shares also have a choice of Plymouth or Sheboygan pick-up locations, shown below). **Plymouth pick-up is located at our farm, W6020 County Road C.** We are about a mile outside of downtown Plymouth – for a map and directions visit our website.

SINGLE SHARES

MONDAY (on-farm pick-up only):4:00– 7:00pm.

PEAK SEASON SHARES

TUESDAY (on-farm pick-up only):4:00– 7:00pm.

HALF and FULL SHARES

THURSDAY

(on-farm pick-up): 4:00– 7:00pm. or
(1403 N 6th St, Sheboygan): 4:30– 6:30pm.

When you arrive each week on your pick-up day, you will see a selection of the produce available. Depending on your chosen share size, you will be instructed to pick a specific quantity of each item. Packing products (boxes and bags) will be provided. This “**Box-Your-Own**” option is designed to optimize the natural variances in plant life and in your life! While everyone will receive generally the same product, one member may want to select the largest head of cabbage, but will prefer the smallest eggplant, etc. Sheboygan pick-up will receive pre-boxed shares. Pre-boxed shares also available upon request for on-farm pick-up. Eggs and bread accompany shares, for those who order them.